

2008



2008

Annandale, VA

(703) 750-3330

CLASS SCHEDULE

Effective 1/1/2008

Belt Rank		Mon	Tue	Wed	Thur	Fri	Sat
		<i>Regular Classes</i>				<i>Specialty Classes</i>	
No Belt (Beginner Class)	Jr.		7:10		6:20		10:45
	Sr.		8:00		8:00		1:45
White	Jr.		7:10		6:20		10:45
	Sr.		8:00		8:00	8:00	1:45
Gold	Jr.	6:20		7:10			10:45
	Sr.		8:00		8:00	8:00	1:45
Green Purple Blue	Jr.		6:20		7:10	6:20	11:45
	Sr.	8:00		8:00		8:00	1:45
Red	Jr.		6:20		7:10	6:20	11:45
	Sr.	8:00		8:00		8:00	1:45
Brown Jr.Black	Jr.	7:10		6:20		7:10	12:45
	Sr.	8:00		8:00		8:00	1:45
Black	Jr.	7:10		6:20		7:10	12:45
	Sr.	8:00		8:00		8:00	1:45

*Studio Closes at 10:00pm

(Sparring) (Weapons)

*Students Bring All Equipment to Every Class.



UNIFORM SCHEDULE

Regular Members

Ranks	Mon	Tues	Wed	Thur	Fri	Sat
White- Purple	White	White	Black	Black	White	Black
Blue - Jr. Black	White	White	Red	Red	White	Black

(Exam: White Only)

Black Belt Club Members "BBC"

White- Purple	Red	Red	Black	Black	White	Black
Blue - Jr. Black	White	White	Red	Red	White	Black

Black Belts

TOP	White	Red	Black	White	White	Blue
PANT	Black	White	Red	Black	Red	Blue/Wht

Notice!

*T-shirts must be the same color as uniforms. (Mandatory for females!)

*Absolutely NO entry to class with a wrong color uniform!

*If there are any schedule problems, please contact the office!